



# TAKE ACTION: STAND UP FOR SEX ED



Everyone deserves quality sex education. But too few young people get it because a patchwork of inconsistent laws and policies makes access to it inequitable.

The outrageous thing is, sex education is **incredibly popular** in the United States. The vast majority of parents support sex education in middle school and high school that covers a wide range of topics, including STDs, puberty, healthy relationships, contraception, and sexual orientation. And lots of people assume schools are already providing good sex education (even when they're not).

Too many people aren't getting any sex education at all, or they're getting unhelpful, shaming, or abstinence-only-until-marriage programs.

**In Michigan, sex education is not required. We can do better.**

## WHAT CAN YOU DO?

- Contact your state legislators and tell them to support bills that mandate access to comprehensive, medically accurate, age-appropriate sexual health education.
- Find out if your local school teaching comprehensive sexual health education.
  - If they're not, call them and encourage them to begin.
  - If they are, join their Sex Ed Advisory Board (SEAB).

**Visit [bit.ly/misixed](https://bit.ly/misixed) to learn more about how to get involved.**